## #blacklivesmatter

Our society needs to change and we need to be anti-racist.

likely to die in childbirth. \*\*n the UK · Black women are 5 times more

times more likely to be excluded from school

 Black people are 53% more likely to be sent to prison

The UK is not innocent:

The unjust murder of George Floyd in 2020, was just one of many, in both the U.S. and U.K.

discriminated against people of colour ever since.

by other white Europeans. As a re racism has been ingrained in our White people have continually society.

a result, traded and sold humans to be enslaved for over 400 years - white Europeans, Racism has been a systemic problem

#### every single day: practice we need to be actively anti-racist. Simply not being racist is not enough -How to be actively anti-racist Here's some basic to engage with anti-racism actions you can

- to charities helping Black people. • Support Black businesses and donate
- and work colleagues; and question coverage of these issues. race, Black Lives Matter and racial injustices with your friends, family Have meaningful conversations about
- be calm and polite in your response and explanation. in your social circles. Remember to Call out racism at home, at work and
- encourage this education at local Windrush/Bristol Bus Boycott) and Research Black history (Colonialism/
- dismantle racism in your area •Write to your local MP to help

Be uncomfortable. Be accountable. Let's learn and do better.

should have done better.

systemic racism.

comments,

@brashzine

It's not okay that we are waking up after so many Black lives lost.

White people have have been silent for too long. That is not okay.

Since George Floyd's death, the world has ultimately begun to shift in its attitudes to racism.

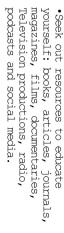
#### Why now?

Covert racism - works to subtly lessen that are often hidden or rationalised subtle, racially biased, decisions in a way society is more willing to the rights of the oppressed, with

racial discrimination and prejudice. Overt racism - Intentional acts of

The belief that one race is superior to other racial groups.

## What is racism?



- injustice. institution accountable for racial Hold your workplace/academic
- and unlearn whiteness. Acknowledge your white privilege

not everyone may be willing to discuss. Racism is a form of severe trauma that

Be uncomfortable and accept that your Like white people, not all black people you an expert on the community. are the same. Knowing one doesn't make

members/friends engaged with centuries of ancestral trauma and aggression ancestors and This is lifelong work and you will make towards black people. your Living family

mistakes - accept this and get to work



#### Resources\*

Charities to donate to: Grenfell Foundation, Stop Hate UK, UK Black Pride, Colours Youth Network Charitable Trust, The Black Curriculum, Black Minds Matter, Steven Lawrence

### Literature/books

White Privilege by Kalwant Bhopal Englishman by Paul Stephenson OBE, Evaristo, Memoirs of a Black Girl, Woman, Other by Bernardine and White Supremacy by Layla Saad, People About Race by Reni Eddo-Lodge, Why I'm No Longer Talking To White White Fragility by Robin Diangelo, Me

# Films/documentaries/TV

The Butler / Black Panther / Becoming is the New Black / Pose Johnson / Dear White People / Orange Selma / Hidden Figures / American Son The Death and Life of Marsha P.

### Podcasts/Radio

No Country for Young Wamen / Good Ancestors / Lady Don't Take No

\*Not an exhaustive list

#### Thank you, Harriet x @thegreatunlearn @sadia azmats \*all Instagram accounts and not an exhaustive list distribute. Please contact me with any feedback and suggestions to and all are welcome to read, copy and Oblackmindsmatter.uk Oholidayphillips This zine is aimed at white people -Oblackgirlsteach racism is a white person's problem dumpackyourprivilege drachel.cargle Glaylafsaad Gwhxteness Gsassy latte @officialmillenialblack @ajabarber Giamrachelricketts Obrowngirlsdoit @amynomvula @hoe.zine @eboneedavis Othiiirdmagazine Oslayinyourlane Otheconsciouskid Osweetthangzine @chkyourprivilege @blackgirlyoga Otheshowmustbepaused Galexjenny improve this zine to aid ending gwastefreemarie Gblklivesmatter Oblklivesmattr uk Gautumngupta brashskateandcreate@gmail.com Thank you for reading @almostdrlisabetty

#### Terminology

Social Media\*

your ongoing anti-racist work. Some useful words and explanations to aid

national/cultural traditions from the main Ethnic minority a group which has different Black person (not "coloured" person)

ally/allyship someone who uses their celebrate Black culture Blackness a term used by black people to

marginalised people without seeking praise that benefit white people over Black people social/political/economical circumstances white privilege privileges under the same minority person/group, in an unfair way sacrifices, to advocate for the rights of racial bias prejudice for/against an ethnic whilst making

about racism discomfort of white people when confronted white white privilege fragility defensiveness

white supremacy the system that protects

whiteness white people seeing themselves as
white in race with it's surrounding privileges

race, sexuality, class, disabilities and many more, and the way that these aspects meet are our intersections. all made up of many aspects such as gender, intersectionality Recognises that we're